



Bromley Tennis Academy Philosophy

Discipline of attitude, technique and matchplay. It is our goal at the Bromley tennis academy to develop players who have a good disciplined attitude in their preparation, when they are on and off court, towards fellow competitors and in competition.

We want to teach tennis in simple terms, it is about starting the point, trading building, (turning the point around at times), and ultimately moving up the court and finishing. We want players to understand that each of these areas require different skills and cannot viewed as being mutually exclusive. For example; aggressive players need to also develop a strong and consistent base to achieve good performances. It will be the BTA team's task to ensure the players we train are well rounded individuals without compromising what they do best on court.

It is important that players understand that good disciplined technique and solid ball striking are extremely important and fundamental in the game of tennis and is the cornerstone of what we deliver at the BTA. We will develop strong athletes who also have a resilient mind when under pressure. They will learn to be self reliant.

We want our players to believe that hard work and discipline both in terms of their attitude and technique will allow them to develop confidence in their game in challenging and demanding situations. We also expect the player to give 100% application on court not just through effort or intensity but by engaging and applying their mind.

